



# Year 6 Residential Hautbois House

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Wednesday 23rd - Friday 25th September 2026



# Context:

Girlguiding Anglia residential and activity centre on the outskirts of Norwich.

We will have a three-day multi-activity programme.

Experienced leaders from the centre.

Range of activities for different abilities and experiences.



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# Staffing:

Class teachers

At least 1 member of SLT will be there for all three days

Some teaching assistants will join us too

At least 6 adults from Lantern and three from Downham.

Likely another member of SLT will visit from school too



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# Bus Departure / Arrival:

Arrive at school on the Wednesday, via main hall doors, between 8:30-8:45am.

Medicines and medication forms to be handed in by parents.

Must bring a packed lunch and water bottle for the Wednesday.

Approximate departure planned for 9:15-9:30am.

Return to school on the Friday at 3pm, with children being collected at 3:30pm.

Children MUST be collected by parents on this day.

Any updates/changes to return time will be sent via text/email.



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# Activities and schedule:

Sample activities (last year's timetable shown):

Climbing wall

Zip wire

Archery

Raft building

Crate stacking

Night trail – obstacle course (blindfolded 2nd time to encourage teamwork)

High ropes – essentially a ‘Go Ape’ course

Tomahawk throwing – a child-friendly version of axe throwing

Session	Time	Lantern Primary 1	Lantern Primary 2	Lantern Primary 3
<b>Wednesday 24 Sep</b>				
Wed	13:45 - 15:15	ARCHERY 1	CLIMBING WALL 1	ZIPWIRE
Wed	15:30 - 17:00	RAFT BUILDING 1	ARCHERY 1	CLIMBING WALL 1
Session	Time	Lantern Primary 1	Lantern Primary 2	Lantern Primary 3
<b>Thursday 25 Sep</b>				
Thu	09:30 - 11:00	CRATE STACKING	RAFT BUILDING 1	ARCHERY 1
Thu	11:15 - 12:45	NIGHT TRAIL	CRATE STACKING	RAFT BUILDING 1
Thu	13:45 - 15:15	HIGH ROPES	NIGHT TRAIL	CRATE STACKING
Thu	15:30 - 17:00	TOMAHAWK THROWING	HIGH ROPES	NIGHT TRAIL
Session	Time	Lantern Primary 1	Lantern Primary 2	Lantern Primary 3
<b>Friday 26 Sep</b>				
Fri	09:30 - 11:00	ZIPWIRE	TOMAHAWK THROWING	HIGH ROPES
Fri	11:15 - 12:45	CLIMBING WALL 1	ZIPWIRE	TOMAHAWK THROWING

# Activities and schedule:

Children will be split into smaller teams (approx. 12) for each activity.

Group leaders from the venue will lead all activities.

School staff will be present at all times during activities.

Children come together as a group for meals.



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# Activities and schedule:

## Day 1:

Bus depart school 9.15 and arrive approx 11.30

Packed lunch upon arrival (from home). Site tour. Toboggan sledges

Activity 1 and 2 in the afternoon

Told rooms. Make their own beds!

Dinner

Evening activity – run by school staff



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# Activities and schedule:

## Day 2:

Breakfast

2 activities

Lunch

2 activities

Dinner

Evening activity



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## Activities and schedule:

### Day 3:

2 activities



Lunch before leaving (provided by Hautbois House)

Bus departs 1:30pm. Expected back at 3pm. Parents updated about arrival time via email/text if there's traffic or delays.



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## Free time:

Free time for games/social time before bed.

Community room where our children can mix.

Meridian staff on hand at all times.



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## **Meals and free time:**

Fresh, wholesome and hearty portions.

Cooked by Hautbois House staff. Served by school staff.

All dietary requirements are catered to – these children are served first.



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# Example menu (from last year's trip):

Meal	Menu
Afternoon Break	DRINK & BISCUIT
Evening Meal	BEEF TACO, POTTO WEDGES , SALSA, SALAD - CHOCOLATE BROWNIE

## Tue, 8 Oct 2024

Meal	Menu
Breakfast	CEREAL, TOAST, YOGURT, FRUIT
Morning Break	DRINK & FRUIT
Lunch	JACKET POTATO, CHEESE, TUNA, BAKED BEANS, SALAD - FRESH FRUIT PLATTER
Afternoon Break	DRINK & BISCUIT
Evening Meal	MILD CHICKEN CURRY, NAAN BREAD, RICE, - CUP CAKE

## Wed, 9 Oct 2024

Meal	Menu
Breakfast	CEREAL, TOAST, YOGURT, FRUIT
Morning Break	DRINK & FRUIT
Lunch	PACKED LUNCH



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## Room allocations/nights:

Children will be in single gender rooms.

Children will be allocated rooms **on arrival.**

Staff rooms are spread equally down the corridor – easy access for children as needed.

No bedding required.



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# Medical needs:

Travel sickness – medication to be given before the departing bus by a parent/carer.

If medication is needed for the trip home, it should be provided in a named box, original packaging with clear instructions for administration. **Please give to the member of staff in the main entrance on the morning of the trip along with a school medication form\*.**

Inhalers – children who currently have inhaler medication will already have one at school. This will be taken with staff, alongside usual school protocol. Any specific medical needs should be discussed with your child's own class teacher.



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# Emergency contacts:

Meridian trained first aiders will be present on the trip – normal school protocol will be followed for day-to-day first aid.

All activity leaders are also first aid trained.

In the case of an emergency at home, parents ring school office between 8-4 or email [office@lanternprimary.org](mailto:office@lanternprimary.org) - this account will be periodically monitored by the member of SLT on the trip. But bear in mind they'll also be looking after a group so you may not receive an immediate response.

Parents/Carers contacted in the event of an emergency. This will appear as the main school telephone number.



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## Kit list:

### Personal Care:

Towel

Toothbrush and toothpaste

Washing products – shampoo/conditioner, body wash, shower gel, deodorant. **Please do NOT bring any aerosols**

Hair bobbles for people with longer hair. Hair must be tied back during all activities

Sun cream (named)



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## Kit list:

### Clothes

Nightwear

Slippers/indoor shoes

Underwear and socks, plus spare pairs

Sturdy outdoor shoes (walking boots or walking shoes are ideal) plus a pair of trainers. If you do not have walking boots/shoes, then 2 pairs of outdoor shoes. We will NOT need wellies, and these are unsafe for the activities we will be doing.

Sun hat and sun cream



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## Kit list:

### Clothes

Waterproof coat

Layers for warmth (fleece/jumper/sweatshirt)

Plenty of clothes for the days we are gone. Please pack spares in case of wet weather

Include trousers – leggings or joggers are better than jeans for the physical activities.

Clothes to wear during raft building – the children WILL get wet!

Several plastic bags/bin bags – all labelled with the child's name



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## Kit list:

## Other:

Refillable water bottle

Small day sack to carry bottle/sun cream/provisions for the day. On the first day this should contain their packed lunch and water bottle.

Small cuddly toy if desired

Torch if desired

Bedside clock if desired

Book to read before bed. **Money/Phones/Cameras are not to be taken**

### Please DO NOT BRING:

Any electronic games or consoles.

Mobile phone.

Camera.

Sweets/snacks.



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Should you have any further questions, please come to speak to a staff member at the end of the meeting.

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